



FINDING VOCATION

CLARITY + COURAGE = CONFIDENCE



With the Rev. Dr. Timothy Elliott

You Will:

- Take important time for self-reflection
- Gain perspective on your life and work at this stage of your life
- Use the discernment model, Clarity and Courage
- Share ideas one-on-one with another participant.
- Participate in group discussion
- Receive a copy of Tim Elliott's book – *Clarity and Courage: Life as an Improvised Journey*

Who Should Attend:

This program will be particularly valuable if you are

- Searching for new work, in transition
- Facing retirement, or other major life changes
- Feeling restless about your career
- Satisfied in your job, but looking for something more

COST (including a light lunch and materials)

Special Diocese of Ottawa Rate:

\$40 until Nov 27;

\$50 after Nov. 27

Available to the first 20 Diocese of Ottawa participants who register

Regular Workshop Rate:

\$120 until Nov 27;

\$135 after Nov 27

Friday, December 4, 2009

9 am – 3:30 pm

Christ Church Cathedral Hall, 420 Sparks Street, Ottawa

All are welcome.

For more info contact: Lisa Chisholm-Smith

613-233-6271 ext 231 • lichisholm-smith@ottawa.anglican.ca

REGISTER on-line at www.SpiritualityAtWork.org. Or by mail, cheque payable to Spirituality at Work, Box 100, 236 Guildwood Parkway, Toronto, M1E 1P7.

If times are a little tough financially and you'd like to attend, by Nov 27 e-mail Sherry@SpiritualityAtWork.org and suggest an arrangement that works for you. For cancellations before Nov 27, \$25 admin fee, or send a substitute.



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Most people spend more time and energy planning a vacation than they do considering their vocation or calling. To find your vocation for this stage of your life's journey and move forward with confidence, both clarity and courage are necessary. Especially in challenging times.

Your reflections and conversations at this workshop may lead you to:

- A new role in your organization
- A renewed perspective on your profession
- A reason to stay in or leave your current position
- An integrated view of volunteer and paid work
- A more productive direction for your job search
- Or, something entirely different.

Leave with a readiness for change or action, be it internal or external. And enjoy the live piano music that will help us on the journey.



TIM ELLIOTT, DMin, (www.TimElliott.ca) is a vocational consultant, speaker, and Anglican priest whose doctoral work focused on helping people find their vocation. Through his own company Elliott Resource Services and Forrest & Company where he is a Director of Coaching & Facilitation, Tim offers individual coaching programs to help executives, lawyers, clergy, and other professionals with life and work transitions. At Christ Church Deer Park he co-founded Jazz Vespers, and he regularly speaks across Canada about spirituality, jazz, creativity, vocation, and more. Tim performs often as a solo pianist or with his quartet. He is the author of *Clarity and Courage: Life as an Improvised Journey*, and has released two solo piano CDs: *All the Things You Are* (jazz standards) and *New Every Morning* (favourite hymns), all available for sale at the program. Reach Tim at Tim@TimElliott.ca.