

The Serving
God's World
Series

Tackling Child
Poverty in our
Communities

Parish
Workbook

Tackling Child Poverty in our Communities



Tackling Child Poverty in our Communities

A toolkit designed to educate, enable, and discern responses to child poverty in the local communities in which we serve.

Diocese of Ottawa Child Poverty Task Force

Membership

The Reverend Kerri Brennan

Heather Colls

Suzanne Geoffrion

Janet Helmer

Sara Jordan

The Reverend Brian Kauk (Team Leader)

The Reverend Canon Dr. Bill Prentice (Director of Community Ministries)

Kimberly Schedler

The Reverend Monique Stone

The Reverend Mark Whittall (ex officio, Chair of CMDC)

Resource persons:

Matthew Brown (Youth Formation & Vocation Missioner)

Lisa Chisholm-Smith (Baptismal Ministry Formation Missioner)

Jonathan Whittall (Community Development Assistant, Summer 2012)

Many thanks to The Rt. Reverend Eric Bays, Judy Darling, Jack Francis, Pat Gill and The Reverend Canon Rick Marples for their wisdom at the beginning, and to Andrew Stephens-Rennie, The Reverend Robyn Cuming and David Morgan for putting their energy and skill into this work.

Table of Contents

Introduction	1
What is Child Poverty	3
Why We Care	5
The Challenge to Respond	7
<i>The Bishop's Child Poverty Initiative</i>	9
<i>What has been done so far?</i>	10
<i>What are other communities doing?</i>	11
<i>Is your community ready to do something?</i>	13
Appendix A ~ Definition Background	17
Appendix B ~ Child Poverty Internal Survey Highlights	23
Appendix C ~ The Daily Bread Project.....	25
Appendix D ~ Researching the Need.....	29
Appendix E ~ Funding the Mission Responses	33
Appendix F ~ Sharing the Story	35
Appendix G ~ Media Release Help	37
Appendix H ~ Evaluating the Project	41
Appendix I ~ Directory of Potential Partners	43

Introduction

What is the purpose of this toolkit?

This toolkit has been developed as an invitation to Diocesan communities to consider meaningful and intentional approaches to eradicating child poverty. As a Diocesan priority, it aims to assist and enable you to respond to the crisis.

The Toolkit Informs The toolkit informs all readers by providing background information on The Bishop's Child Poverty Initiative and the Diocesan understanding of how to define 'child poverty.' In addition, the document contains case studies and contact information that describe how organizations (both within our Diocesan family and externally) are responding to the call to recognize and react to the reality of child poverty in our society.

The Toolkit Assists The toolkit's most important task is to assist communities that are being called to respond to this mission in their own unique ways. Many churches recognize the existence of child poverty in their own local community and wonder what to do about it. The toolkit aims to assist you and your community in your efforts to discern what your role should, or could, be in this important mission.

The Toolkit Responds The Anglican Diocese of Ottawa's Child Poverty Task Force recognizes the call and response to this issue is unique and diverse in each grassroots context. As such, the toolkit aims to provide information, ideas, and potential methods for discerning the appropriate responses to your context. We cannot discern the appropriate response for each individual community; we do know that many communities in our Diocese require a response. This toolkit aims to add capacity to each community and enable them to make appropriate responses. Simply put, we seek to share our ideas and information, and that in doing so we might help you become better equipped to respond to the crisis of child poverty in your community.

What is Child Poverty?

Much of the attention in Canada and other countries concerns the development of income-based measures of poverty. Although Canada does not have an “official” poverty line, federal officials at both Statistics Canada and the Department of Human Resources produce a number of data-sets. These include, for example, the After Tax Low-Income Cut-Off, the Low Income Measure, and the Market Basket Measure. When considered collectively, they can help create a rough picture to describe the current state of poverty in the country. This is reflected in, for example, the recent discussions of several provincial governments to set targets for the reduction of child poverty. Despite the existence of these rough measures of poverty, there are no specific statistical means of assessing the level of child poverty in Canada. Instead, officials make informed estimates about child poverty based upon the more generic information produced by the adult focused statistical measures currently in place.

Poverty is about more than simply living in low income, particularly for children whose current and future well-being and capabilities can be formed by a life lacking monetary and/or non-monetary resources. Poverty is also about what is available in the child’s home, community, and school which influence and support the development of not only the child’s physical development, but also their academic, social, emotional, and psychological brain development. All our attitudes and beliefs about life are based on everyday experiences and environmental influences.

The Anglican Diocese of Ottawa's Working Definition of Child Poverty

Given this reality, the Anglican Diocese of Ottawa's Child Poverty Task Force has developed a "working definition" of child poverty to assist parishes and other groups when thinking about how to respond to child poverty in our midst. In short our definition is summarized as follows:

"A child may be poor when he or she is a member of a family that does not have the resources to enable the child to reach their full potential in society."

We recognize however that child poverty has various causes and effects. As such our working definition in its fullness is found in Appendix A.

The working definition, though not exhaustive, seeks to assist members of the Diocese and others when responding to two fundamental questions:

1. What does child poverty look like?
2. How can we help?

Why We Care

“Children unite communities. It’s that simple!”

*The Rev. Canon John Bridges
St. Paul’s Hazeldean-Kanata*

It’s safe to assume that you would be hard pressed to find someone in this country willing to admit that they simply don’t care about the hundreds of thousands of children who continue to live in a state of poverty in twenty-first century Canada.

Ask any of our nation’s politicians about child poverty, at the federal, provincial, or municipal level, and they will bend over backwards to tell you we should be doing more to help improve Canadian children living in need. Ask any dedicated community leader working in the field, be they a doctor, teacher, priest, or social worker, and they will tell you honestly, despite all of their efforts that we’re still not doing enough.

Children do unite communities; it is that simple. In them we see our hopes, our dreams, and our aspirations as a society. Fundamentally we see ourselves, and therefore initiatives aiming to help the lives of children tend to provoke rallying moments where members of our diverse communities set aside their differences and pull together for the sake of the common good.

The simple truth is that children represent our future, and we all want that future to be bright.

And yet, despite this overwhelming sense of positive political will directed toward the wellbeing of all children in our society, the number of children living in poverty in Canada has increased over the past five years. According to *Citizens for Public Justice*, a respected, non-partisan, faith-inspired Canadian research group, our country's child poverty rate increased to 12% in 2009, an increase of approximately 160,000 more children living in poverty compared to 2007. The number of poor children in Canada rose from 637,000 children in 2007 to at least 797,000 children in 2009, based on the 'After Tax Low-Income Cut-Off' analysis produced by Statistics Canada.

Still more children living in working and middle class families are having to make due with less as their caregivers continue to deal with struggling economic times.

While the increase in the number of children living in poverty can mostly be attributed to the recent downturn in the global economy, the fact remains that in 2007 nearly 10% of all Canadian children were living in a state of poverty at a time when our country's economy was arguably in a better position than any other nation in the world.

As a country, we can do better.

As Disciples of Christ, we must, at the very least, try.



The Challenge to Respond

“I believe that this matter deserves our very best attention.”

*The Rt. Rev. Dr. John Chapman
Bishop of Ottawa*

Bishop John Chapman first raised the issue of regional child poverty as a specific priority for the Diocese during his annual charge to Diocesan Synod in October 2009. Inspired by research produced on the subject by a dedicated group of retired clergy and laity, Bishop Chapman used a portion of his annual charge to argue that “child poverty in our community has reached critical proportions,” and it “must be addressed by our Diocese [as] the nurture and care for our children is clearly demanded of us by Jesus.” The Bishop concluded his remarks on the subject by calling on the Diocesan Community Ministries Development Committee (CMDC) to take up the challenge of alleviating child poverty in the Diocese. His hope was that the Committee would be in a position to put forward a formal recommendation for a comprehensive Diocesan response to local child poverty.

In January of 2011, a group convened to imagine a CMDC response to the Bishop’s charge. Included were original members of a group that petitioned Bishop John, members of CMDC, and other interested people from around the Diocese. From that consultation, CMDC established a task force in the spring of 2011 to formally respond to the Bishop’s call to action.

Since then the Diocese has not been silent in response to Bishop John’s charge. The Diocesan Capital Campaign, GIFT: Growing in Faith Together, allocated \$300,000 of its anticipated proceeds to the development of The Bishop’s Child Poverty Initiative, which became the Diocese’s overarching response to child poverty in our territory. While only a small portion of the campaign’s \$12 million goal, the funds give the Diocese the flexibility to fund a number of projects aimed at improving the wellbeing of poor children living in our region over the next few years.

The Bishop's Child Poverty Initiative



Mission

Bearing faithful witness to the Gospel teachings, our mission is to walk with children and their caregivers living in poverty in Eastern Ontario and Western Quebec, and to respond to their needs through loving service.

Vision

Our vision is a society free of child poverty, where all children and their caregivers receive a just apportionment of God's abundance.

Goals

- To develop and support a variety of community-based responses to address the multi-faceted nature of child poverty in the communities served by the Anglican Diocese of Ottawa
- To advocate on behalf of children living in poverty in the communities served by the Anglican Diocese of Ottawa
- To encourage the study of issues linked to child poverty with a view to improving our advocacy and collective responses

What has been done so far?

During his 2009 charge to Diocesan Synod, Bishop John Chapman expressed his desire for the Diocese to improve its collective response to issues of child poverty in our midst. In the first two years since the Bishop's clarion call, a number of positive milestones were achieved; including:

Development of a Child Poverty Task Force

The Community Ministries Development Committee (CMDC) created a Child Poverty Taskforce (CPTF), which met for the first time in January 2011 and was charged with identifying, recognizing, and developing local capacities for education and advocacy related to the alleviation of child poverty within the geographic region served by the Anglican Diocese of Ottawa. The Taskforce's ultimate goal was to assist in the development of new contextual ministries to better address child poverty within our diocesan communities, including the creation of strategic partnerships between the Diocese and both faith-based and secular organizations already working towards similar goals. The group was comprised of both clergy and lay representatives who possess a passion for their work and a sincere desire to help reduce the number of children living in poverty in our region.

Hiring of a Community Development Assistant

In the summer of 2011, the Episcopal Office committed to hiring a summer student as the "Community Development Assistant" (CDA). The CDA was responsible for assisting both the Child Poverty Taskforce and The Bishop's Child Poverty Initiative with research and strategic planning. Funding for the position was made possible, in part, by a grant from the federal government via the Canada Summer Jobs program. This commitment was renewed in the summer of 2012.

Child Poverty Survey

In 2011, an internal audit was conducted to ascertain what our congregations are currently doing, both independently and in partnership with other groups, to address issues of child poverty in their communities. The results confirmed our belief that child poverty manifests itself in a variety of ways in our Diocesan communities. In addition to highlighting the obvious need, the survey showed that many of our congregations were already actively confronting child poverty on various fronts. Despite this current level of involvement, almost 90% of clergy agreed that their parish/congregation would like to do more in response to child poverty in their communities. See Appendix B for a highlight of key survey results.

The Daily Bread Project

Launched in October 2011 at Greater Gatineau Elementary School, The Daily Bread Project is the first pilot project of the Bishop's Child Poverty Initiative. It stands as a visible example of how the Church actively responds to a pressing societal need. Daily Bread's mission is to equip elementary school students with the skills needed to make an affordable, nutritious meal. The project helps teach kids living in economically disadvantaged families basic grocery shopping and lunch making skills. By empowering children with this valuable skill sets, it is hoped their capacity to pull themselves out of the poverty cycle will be increased in the long run. Moreover, potential stigmatization of economically disadvantaged kids is reduced by opening the program to an entire school. Everyone learns, and everyone benefits. For a detailed overview of The Daily Bread Project please visit Appendix C.

As we look to expand The Bishop's Child Poverty Initiative, it should be noted that Daily Bread's fundamental premise of basic food education is transferable to settings other than schools. We hope to soon incorporate other community projects under this banner.

What are other communities doing?

As was seen by the survey results, many congregations throughout the Ottawa region are currently and actively involved in the fight against child poverty. While we cannot profile the excellent work of each parish, we can offer a few outreach examples to assist you in your discernment.

All Saints' Westboro

In partnership with the Carlington Community Health Center and the Dovercourt Recreation Centre, All Saints' offers services and programs throughout the year that cater to youth and families of the area.

The Baby Cupboard is more than a physical cupboard where emergency supplies such as diapers and jarred baby food are found. It is a place where families in need can find support and ongoing encouragement. The cupboard also provides an opportunity for expectant parents and families with children under six to connect with a Carlington Community Health Family Support Worker.

Westboro Youth Centre (WYC) is a free recreational program serving Westboro area youth, ages 10 to 17. Supervised sports and craft programs are offered from

6:30pm to 10:00pm on Friday nights, providing a safe environment for kids to have fun and take part in healthy activities.

St. John the Evangelist Smiths Falls

The congregation of St. John the Evangelist in Smiths Falls has been supporting a wide array of community-based projects, including their primary focus of school breakfast and snack programs.

School Nutrition Programs are offered every year, with St. John's making a significant contribution to lunch and breakfast programs in all seven schools in their area. Schools in economically disadvantaged areas are funded to a greater extent.

"Weekdays are my favourite because I get to eat 2 meals a day"

– Student at Smiths Falls and District Collegiate Institute

Community Dinners are hosted on the third Sunday of most months and are an opportunity for people in the neighborhood to enjoy a quality meal in a welcoming and supportive atmosphere. The dinner is attended by up to 150 adults and children and is a community highlight.

Holy Trinity in Danford Lake

The congregation of Holy Trinity in Danford Lake has been supporting a variety of community-based youth projects, including the Danford Lake Youth Association (DLYA) initiative to build a new play structure for kids featured in last year's GIFT campaign videos.

Construction of a Play Structure in Andrew Miljour Park grew out of a partnership between Holy Trinity and the DLYA. The initiative was driven by youth at Holy Trinity and will provide a safe and enjoyable place for children of Danford Lake to play.

Restoring Muntu was a five week ecumenical restorative justice workshop series that featured theo-drama, a technique used by Holy Trinity to involve children in biblical stories. The youth performed a weekly dramatization of a pertinent biblical passage which was filmed to be incorporated in a broadcast documentary.

Is your community ready to do something?

Is your church feeling called to respond to child poverty in your community? If so, we suggest taking a look at the following 10 steps to help you determine whether you want to proceed in your discernment process. We hope they will also act as a guide to inform and direct your journey. Each community response will be unique. The 10 steps are a guideline that we feel will probably be relevant for many diverse mission projects, but we acknowledge additional steps may be involved.

1. *Pray* in your Sunday services, in your small group of interested parties, anywhere with anyone! You may not be able to articulate your initial call to respond to the crisis of child poverty. But prayerfully reflecting will allow the Spirit to start directing your journey and allow your response and mission to unfold.

2. *Talk* to members of your Parish and other people in the community who might be called to join your group, to support, to affirm, to point you in the right direction, to question your ideas in light of other activities happening in the community, to assist in the discernment process. You might consider having a small group gathering to see if enough interest to continue the journey exists. Talk to your parish governing bodies and determine support from the broader community to continue the exploration. Consider talking to various community organizations and individuals. Including, but not limited to: Schools (Teachers, Principals, School Board Trustees, Bus



Drivers, etc.), Community centres, Recreational centres (i.e. Parks and Recreations), Community arenas, Social workers, Children aid workers, Day care providers, Scout and Girl Guide Leaders, Boys and Girls Clubs, Local medical clinics or hospitals, Charitable organisations, Food banks (volunteers, operators, users, etc.), Community police, Other churches, Mental health specialists. A proposed list of Potential Partners is found in Appendix I.

3. *Research* using the links and resources provided in Appendix D. These will help you become more aware of the overall issues of child poverty in the Diocese of Ottawa and external organizations that have been doing great work in this area for many years. You will also find links to the Ottawa Neighbourhood Studies that can provide you with statistical information on your greater community with regards to poverty, immigration, socio-economic realities, etc.
4. *Discern & Confirm.* We all have great ideas and as baptized Christians we are called to respond to our mission in many ways. However it is also our call to ensure that our ideas meet the existing needs of our broader communities. It is a blessing when needs match up with offered service and we see the fruits of our labours blossom around us. When we proceed on a project in which a match does not exist we are often left feeling frustrated, burned out, or resentful. One of the best ways to discern the appropriate step for your church to take is to go through a consultation process with external and internal partners and interested individuals. The Diocese developed the Serving God's World Parish Workbook to assist congregations in their consultation processes. The Workbook is a great resource for determining your community needs and to affirm if activities and actions related to child poverty will be a great match between you and the community you serve. Contact the Episcopal Office to obtain a copy of Serving God's World.
5. *Connect with the Child Poverty Work Group*, which is comprised of both lay and ordained individuals who have been involved in The Bishop's Child Poverty Initiative since its inception in 2009. They are not experts but they do have experience and insight into the work that the Diocese, the broader community, and other church communities have undertaken over the past few years. The Working Group is available to you for initial conversations and support. The list of members is kept up to date on the website (www.dailybreadproject.ca).
6. *Create* a plan and share it with your parish governing body for review and approval. It is a prudent idea to get your plan validated and endorsed by those with a vested interest in this mission (particularly by Parish Council for those in a church setting). The plan should also be reviewed and endorsed by all external partners as well.
7. *Fund & Partner.* It is beneficial to solidify partnership relationships with other community organizations, ecumenical partners, and/or other non-profits. These partners can add to the time, talent, and treasure necessary for your project to succeed. If your activity requires finances we encourage you to consider approaching external and internal sources of funding. There is a list of potential funding bodies in Appendix E and a list of potential partners found in Appendix I. Beginning in 2012 specific proceeds from the GIFT campaign have been made available for parishes like yours to respond to

child poverty in your neighbourhood. To find out more about the GIFT funds available please visit: <http://www.growinginfaithtogether.ca/>

8. *Tell* your story with the Diocesan community. The transfer of knowledge and lessons learned benefit not only your community via exposure, but also the wider Diocesan community through renewed passion and vision. Your work (including its blessings and its challenges) is valuable expertise. Make sure you let other churches know what you've done so that they can share in your success, learn from your challenges, and be inspired to spread the response to the call to eradicate child poverty. Sharing ideas and experiences is an integral component of a strong networked Diocese. Consider talking to the Communications Subcommittee, sending information to the Webspinner for the Diocese, the editor of Crosstalk, or the Diocesan Listserv. Make sure you post info on The Bishop's Child Poverty Initiative Facebook page. See Appendix F for contact information for any of these methods of communication. Don't forget to tell your community as well; connect with your local media outlet to spread the news (See Appendix G for some helpful Media Release Do's and Don't's and a Sample Daily Bread Media Release)
9. *Launch* by living out your mission! Whatever your project is, and however you have been called to serve, it's an exciting time when it actually begins to unfold. Embrace the joy of having responded and seeing your discipleship call begin to be lived in your community. Consider inviting your parish and your partners to a celebration event. After you've launched, don't be discouraged if it takes time or it has a slow start. If you've processed through steps 1–8, there is a strong discernment process that has suggested that your attempts are needed and worth it.
10. *Evaluate and Transform*. Take time to think objectively (and humbly) about your journey. Be sure to look at what you did well, what you failed to anticipate, and what you would do differently in the future. Evaluation and an openness to modification help ensure that the project continues to be responsive to the call to eradicate child poverty. It is through our lessons learned that each of us can adjust, adapt, and continue to transform our mission work. Sometimes we even have to admit it is time to end one project in order for something new to emerge. This is an important step in ensuring your project remains sustainable and continues to nurture children. See Appendix H for project evaluation guidelines.

Appendix A

Definition Background

“A child may be poor when he or she is a member of a family that does not have the resources to enable the child to reach their full potential in society.”

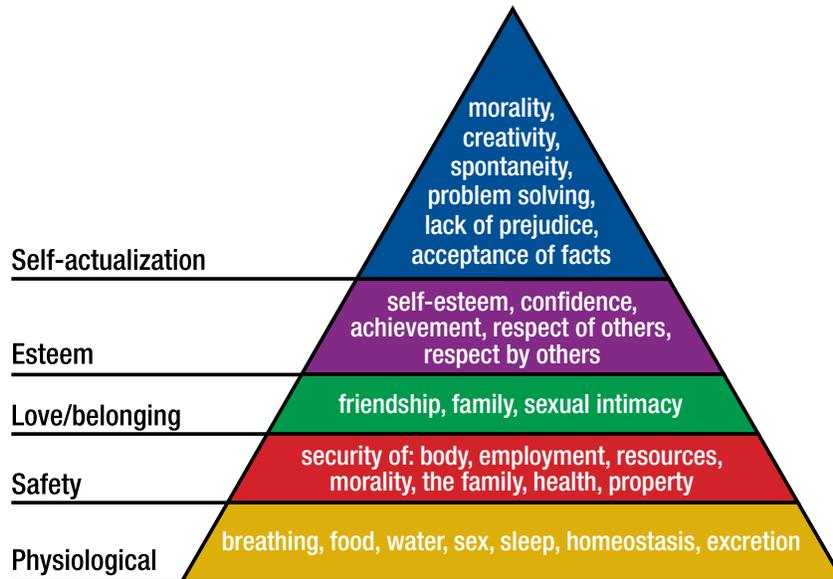
Maslow’s Hierarchy of Needs	This means a child in Canada may be at risk of poverty because he or she:	UN Millennium Development Goals ³	UN Convention on the Rights of the Child. ⁱⁱⁱⁱ	“Brainstormed” Potential Responses	Relevant Biblical Passages
Physiological (breathing, food, water, etc...)	1. May not have enough to eat as a consequence of: b. insufficient financial resources c. lack of readily available high quality food (family lives in a “food desert”) d. inappropriate nutritional patterns e. parental / adult neglect	<ul style="list-style-type: none"> • End Poverty and Hunger 	<ul style="list-style-type: none"> • Article 6 – Inherent Right to Life • Article 27 – Right to adequate standard of living 	<ul style="list-style-type: none"> • Grocery co-ops in small towns with only one grocery provider. Expansion of Daily Bread Project and similar school based nutrition projects • Expansion of support for school snack programs • Community gardens 	Matthew 25: 31-46 Amos 8: 4-7 Proverbs 22: 9 Isaiah 58: 2, 6-7. 10

Maslow's Hierarchy of Needs	This means a child in Canada may be at risk of poverty because he or she:	UN Millennium Development Goals ³	UN Convention on the Rights of the Child. ⁱⁱⁱ	“Brainstormed” Potential Responses	Relevant Biblical Passages
<p>Safety (security of the body, employment, resources, health, property etc...)</p>	<p>1. May not be housed in a sustainable location as a consequence of:</p> <ul style="list-style-type: none"> a. housing being too expensive (feed the kids or pay the rent?) b. housing being unsafe c. neighborhood being unsafe d. housing not being matched to family size e. housing not being accessible for a person with disabilities <p>2. May not have reasonable access to health care as a consequence of:</p> <ul style="list-style-type: none"> a. living too far from a clinic (pay the gas to go to doctor or pay for rent/groceries?) b. no reasonable access to primary health care c. no access to peri-natal care d. limited access to specialized care for a chronic health problem <ul style="list-style-type: none"> i. specialists located too far away ii. registered practitioners too expensive e. non-public access services too expensive <ul style="list-style-type: none"> i. pharmacy ii. dental iii. vision care f. mental health care being unavailable g. personal health practices h. culture i. poor teaching j. sexual health practices k. reproductive health <p>3. May not have a safe to play because of:</p> <ul style="list-style-type: none"> b. lack of peers c. bullying d. physical spaces not appropriate 	<ul style="list-style-type: none"> • End Poverty and Hunger • Child Health • Maternal Health • Combat HIV/AIDS • Environmental Sustainability 	<ul style="list-style-type: none"> • Article 16 – Right to protection from law • Article 19 – Right to protection from abuse, neglect and violence • Article 20 – Right to be protected by State if abandoned • Article 24 –Right to highest standard of health care • Article 26 – Right to social security, insurance • Article 34 – Protection from sexual abuse/ exploitation • Article 35 – prevention of abduction • Article 36 – protection from exploitation • Article 37 – protection from unjust law 	<ul style="list-style-type: none"> • Child Poverty Task Force to champion anti-corporal punishment resolution passed by Synod • Training for clergy & faith educators (Sunday School teachers, youth leaders etc...) in identifying children potentially living in abusive relationships • Anti-violence training and workshops • Debt counseling for families who are “house” / “land” poor • Creation of a maternal health / healthy baby initiatives in partnership with local health authorities & Provincial Synod (transportation, counseling, advocacy etc...) • Adolescent suicide prevention programs in partnership with other groups • Youth centred drug and alcohol treatment programs • Safe playground initiatives in partnership with parishes 	<p>Psalm 128 Amos 4: 1-3 Isaiah 59: 2, 12-18</p>

Maslow's Hierarchy of Needs	This means a child in Canada may be at risk of poverty because he or she:	UN Millennium Development Goals ³	UN Convention on the Rights of the Child. ⁱⁱⁱ	“Brainstormed” Potential Responses	Relevant Biblical Passages
<p>Love/ belonging (friendship, family, sexual intimacy)</p>	<p>1. May be a victim of violence or intimidation or has suffered childhood trauma including but not limited to:</p> <ul style="list-style-type: none"> a. bullying b. physical/sexual/emotional abuse c. is being or is in danger of being trafficked d. other childhood trauma <p>2. May not have trusting, mentoring, or other formative relationship as a consequence of:</p> <ul style="list-style-type: none"> a. being unable to access trusted adults or non-family models, e.g., <ul style="list-style-type: none"> i. Big Brothers/Big Sisters ii. Faith Community b. Not having access to role models open different life options c. is not a member of a supportive community d. computers <p>3. May be is marginalized in any way because of:</p> <ul style="list-style-type: none"> a. ethnicity b. culture c. economic status d. orientation e. are stigmatized because they have to draw on resources for the “poor” f. etc. 	<ul style="list-style-type: none"> • Gender Equality • Global Partnership 	<ul style="list-style-type: none"> • Article 7 – Right to name, nationality and to be cared for by parents • Article 8 – Right to an identity • Article 9 and 10 – Right to not be separated from parents • Article - 15 Freedom of association and peaceful assembly 	<ul style="list-style-type: none"> • Creation of mental health / healthy family initiative in military communities in collaboration with local health authorities, CF chaplaincy, local parishes • Clergy and faith educator training on anti-bullying strategies in partnership with local health groups, school boards etc... • Clergy and faith educator training on mentoring and supportive counseling • Clergy and faith educator training in youth mental health first-aid • Sexual education initiatives • Expansion of partnerships with Boys and Girls Club 	<p>1 Timothy 8-11 Amos 2: 6 & 7 Matthew 18:1-6</p>

Maslow's Hierarchy of Needs	This means a child in Canada may be at risk of poverty because he or she:	UN Millennium Development Goals ³	UN Convention on the Rights of the Child. ⁱⁱⁱ	“Brainstormed” Potential Responses	Relevant Biblical Passages
<p>Esteem (self-esteem, confidence, achievement, respect by others)</p>	<p>1. May not be able to fully participate in the educational system as a consequence of:</p> <ul style="list-style-type: none"> a. language barriers <ul style="list-style-type: none"> i. new comers to Canada ii. linguistic minorities b. distance barriers <ul style="list-style-type: none"> i. too long on the bus (no where to complete homework; no extra curricular activities) ii. no public library / reasonable study space c. learning barriers <ul style="list-style-type: none"> i. disability ii. language d. cost of supplies <ul style="list-style-type: none"> i. general ii. sports iii. great expectation of but no reasonable access to a computer l. lack of parental support 	<ul style="list-style-type: none"> • Universal Education • Gender Equality • Global Partnership 	<ul style="list-style-type: none"> • Article 12 – Right to express views • Article 13 – Right of freedom of expression • Article 17 – Access to information • Article 28 – Right to education • Article 31 – Right to play 	<ul style="list-style-type: none"> • Financial support for youth service-learning projects • Support for children’s art therapist at the Ottawa Pastoral Counseling Centre • Support for technology improvement programs in rural public libraries and / or elementary schools • Support for local Scouts & Guides Programs (shared space etc...) • Support for / development of young women empowerment projects (ie “Because I am a Girl”, GirlG20...) • Collaborative poverty reduction projects with Anglican affiliated separate schools 	<p>Isaiah 61: 1-8 Jeremiah 29: 7 Matthew 19:14</p>
<p>Self-actualization (morality, creativity, spontaneity, problem solving, lack of prejudice, acceptance of fact)</p>	<p>1. May not be able to fully exercise their agency / develop their own voice as a result of:</p> <ul style="list-style-type: none"> a. Lack of accessible leadership / self-discovery opportunities <ul style="list-style-type: none"> i. financial barriers ii. distance barriers iii. language barriers iv. learning barriers / disability 	<ul style="list-style-type: none"> • Universal Education • Gender Equality • Global Partnership 	<ul style="list-style-type: none"> • Article 30 – Right to practice culture • Article 14 – Right of thought, conscience and experience 	<ul style="list-style-type: none"> • Financial support / championing of sustainable youth service-learning projects • Expansion of Open Table like projects • Expansion of ecumenical family Sunday supper projects • Expanded youth presence / inter-generational focus at Diocesan Synod 	<p>Ecclesiastes 4: 13-14 James 2: 14-17 Isaiah 60: 1-3</p>

ⁱ We are employing a simplified version of Abraham Maslow's hierarchy of human needs in descending order, beginning with basic physiological needs and extending to the concept of self-actualization. An illustration of the hierarchy is included below.



ⁱⁱ Our understanding of child poverty in Canada is informed by the basic belief that poverty is socially determined by both local conditions (micro-societies, small scale communities etc...) and broader social norms and narratives (municipal, provincial, federal policies etc...).

ⁱⁱⁱ The United Nations Millennium Development Goals can be accessed online at <http://www.un.org/millenniumgoals/>. We are employing the eight broad categories of goals. More specific goals within each of the categories can be found online.

ⁱⁱⁱⁱ The United Nations' Convention on the Rights of the Child can be accessed online at <http://www2.ohchr.org/english/law/crc.htm>.

Appendix B

Child Poverty Internal Survey

Highlights

Highlight of Results from the 2011 Internal Audit of current congregational activities and opinions on Child Poverty:

- The vast majority of respondents indicated that their parish/congregation does not have a direct ministry that focuses specifically on the eradication of child poverty (90.3%)
- Almost 90% of respondents agreed that their parish/congregation would like to do more in response to child poverty in their communities
- A minority of respondents (22.6%) indicated that their congregation/parish is currently working with other community organizations or church groups to assist in the eradication of child poverty in their local community
- Ninety-seven percent (32 respondents) indicated that their parish/congregation runs, subsidizes or regularly provides for local food banks
- Fourteen respondents (43.8%) indicated that their parish/congregation operates or subsidizes a nursery school or daycare program

- A large majority of respondents (87.5%) indicated that their parish/congregation operates a Sunday School Program or other form of Children's Ministry (i.e. Messy Church)
- The majority of respondents (56.3%) indicated that their parish/congregation does not operate or subsidize any social groups for children, or allow other independent agencies to use church owned space to offer programming other than Sunday School programming. Of those who did offer their space to other Children's groups (43.8%), the organization was often Scouts Canada or Girl Guides of Canada
- Only 15.6% of respondents indicated at least an occasional relationship on projects and/or activities with local elementary schools
- The majority of respondents indicated that there is evidence of child poverty within the membership of their parish/congregation (61.3%)
- Mechanisms to identify families and/or children in need within the parish community exist in 54.8% of respondent parishes/congregations

Appendix C

The Daily Bread Project



A Community Project Sponsored by The Bishop's Child Poverty Initiative

MISSION

Working in partnership with local school boards, our mission is to equip elementary school students with the skills needed to make an affordable, nutritious meal.

VISION

Our vision is a healthy society, where all people possess the skills and resources needed to make their own nutritious meals.

GOALS

- To equip elementary school students with the skills needed to create an affordable and nutritious meal, including:
 - How to read supermarket flyers
 - How to select healthy and affordable goods at a grocery store
 - How to transform purchased goods into a well-balanced meal
 - How to set and clear a table, and clean-up following food prep

- To empower children living in poverty by helping them develop essential life-skills in an environment free of social stigma.
- To encourage healthy eating habits in schools and homes, and to raise awareness among caregivers about the importance of childhood nutrition.

What is The Daily Bread Project?

The Daily Bread Project is an Anglican led program that teaches basic grocery shopping and lunch making skills to public school students. The project began in October 2011 as a pilot at Greater Gatineau Elementary School and has been successful since. Thanks to an annual financial contribution from the Diocese of Ottawa, its parishes and other local partners, once a week an entire class of students at participating schools goes grocery shopping at local



supermarkets under the supervision of teachers, parents, Anglican volunteers, and nutritionists deployed from regional health offices. Students are taught how to shop for bargains, read food labels, and in broad terms know the difference between “good” and “bad” food. Students then take the food they collect – which is paid for by the Diocese and its partners – and return to their school where they work together to make simple lunch recipes that they share with their classmates. The project targets child poverty by operating in schools that are flagged as being on the lesser end of the socioeconomic scale. In Quebec, the Ministry of Education provides information on the level of poverty in their schools by ranking them on a 1 to 10 scale (1 being the wealthiest and 10 being the most impoverished) based on parental income. The Daily Bread project



targets schools that are rated 7, 8, 9 or 10 on the Ministry's scale, and in doing so delivers a targeted approach. In the Ottawa Carleton District School Board schools facing similar socioeconomic challenges are known as "Beacon Schools."

Why Daily Bread?

The Daily Bread project represents an instance where the Anglican Church is actively responding to a pressing societal need. Thanks to the Growing in Faith Together capital campaign, which is currently providing all of the funding for The Bishop's Child Poverty Initiative, the Diocese of Ottawa is now in a position where it can help teach children living in economically disadvantaged families how to make affordable, nutritious meals – an invaluable skill set in the fight to end cyclical poverty. Another positive aspect of this approach is that the potential stigmatization of economically disadvantaged children is greatly reduced as entire schools are invited to take part in the project. Everyone learns, and everyone benefits; no child is singled out as being "different" or "poor." In the fall of 2012 the Diocese of Ottawa will be expanding The Daily Bread Project beyond the Greater Gatineau area to elementary schools in Buckingham and Poltimore in collaboration with the Western Quebec School Board. For more information on how to start a similar program at a school or community centre in your area please visit www.dailybreadproject.ca



Appendix D

Researching the Need

Is There A Need in Your Community?

While child poverty has become a problem of huge proportions today, it isn't always the most obvious thing to see. Child poverty is an issue that often goes undetected by the public eye, leading to a negligence that furthers the problem. Below is a list of resources that can be used to help assess the level of need in your community.

What to Read

Ottawa Neighbourhood Study

<http://www.neighbourhoodstudy.ca/>

The Ottawa Neighbourhood Study is a resource for parishes, ministries and groups in the city of Ottawa who want to know more about the neighbourhoods they serve. Local neighbourhoods can be identified and researched.

Ottawa's Poverty Reduction Strategy

http://ottawa.ca/doc_repository/reports/prs_en.pdf

This report outlines poverty in the City of Ottawa and current strategies to reduce poverty from the municipal government level.

How Canada Performs on Child Poverty

http://www.conferenceboard.ca/hcp/Details/society/child-poverty.aspx#_ftnref4

The Conference Board of Canada provides details and analysis on Canadian society.

Report Card on Ontario Elementary Schools 2012

<http://www.fraserinstitute.org/uploadedFiles/fraser-ca/Content/research-news/research/publications/SchoolReportCard-ONElementary-2012.pdf>

Bearing the Brunt: How the 2008-2009 Recession Created Poverty for Canadian Families

http://www.cpj.ca/files/docs/Bearing_the_Brunt.pdf

A report by *Citizens for Public Justice*, a faith inspired advocacy group. The report offers an overview of the consequences of the 2008-2009 recession for working families. The document is written primarily from a national perspective.

Persistent Poverty: Voices from the Margins

<http://www.povnet.org/node/4076>

This short book is a compilation of the work of the *InterFaith Social Assistance Review Committee*. It provides an overview of the current state of poverty in Ontario, including substantial statistical analysis and many first hand interviews.

Living Justice: A Gospel Response to Poverty

<http://www.cpj.ca/en/living-justice-gospel-response-poverty>

A recently released publication by *Citizens for Public Justice*.

Are Schools Making the Grade: School Nutrition Policies Across Canada

http://www.cspinet.org/canada/pdf/makingthegrade_1007.pdf

A report produced by *The Centre for Science in the Public Interest* offering a critique of the current state of nutrition in Canadian public schools.

2010 Report Card on Child and Family Poverty in Canada: 1989-2010

<http://www.campaign2000.ca/reportCards/national/2010EnglishC2000NationalReportCard.pdf>

A short overview of the current state of child poverty in Canada produced by *Campaign 2000*, a well-established social justice group.

In from the Margins: A Call to Action on Poverty, Housing and Homelessness

<http://www.parl.gc.ca/Content/SEN/Committee/402/citi/rep/rep02dec09-e.pdf>

A report produced by the Senate of Canada.

Beyond Freefall: Halting Rural Poverty

<http://www.parl.gc.ca/Content/SEN/Committee/392/agri/rep/rep09jun08-e.pdf>

A report produced by the Senate of Canada.

Appendix E

Funding the Mission Responses

Although no perfect solution to child poverty exists, there are endless ways to help tackle the problem. In Gatineau, one solution took the form of an in-school nutrition program. Perhaps in your community it will mean refurbishing unsafe playgrounds, or lobbying for more affordable housing for low income families, or providing greater assistance for single parents. Any potential project is likely to benefit from funding. Below please find some internal and external sources of funding to consider:

Diocesan Funding

\$300,000 from the overall proceeds of the GIFT Campaign is being made available to fight child poverty in our Diocese. Half of that money (\$150,000) will be available for parishes like yours to respond.

The \$300,000 provided by the Diocese is divided into two allotments:

1. The *GIFT Grants Committee* (\$150,000) allocates funding to parishes on an application basis. To find out how to apply, please visit:
http://www.growinginfaithtogether.ca/GIFT_Grants.html.

2. The Episcopal Office (\$150,000) funds projects run through the Diocese. To contact, please visit <http://www.ottawa.anglican.ca/>.

Other Funding

The following is a small sample of organisations and foundations that could potentially be interested in funding child poverty-related projects. We encourage you to do research of your own to discover what charity/organisation may suit the needs of your project the best.

The Anglican Foundation of Canada

<http://www.anglicanfoundation.org/>

Kidsport Ottawa

<http://www.kidsportottawa.ca/>

Max Keeping Foundation

<http://maxkeepingfoundation.org/>

Project Clear Skies (Ottawa International Airport)

<http://ottawa-airport.ca/corporate/community-relations/project-clear-skies>

The Inspirit Foundation

<http://www.inspiritfoundation.ca/>

President's Choice Children's Charity

<http://www.presidentschoice.ca/LCLOnline/aboutUsCharity.jsp>

Canadian Tire Jumpstart

<http://jumpstart.canadiantire.ca/en/>

Home Depot Canada Foundation

<http://www.homedepot.ca/foundation/>

The Global Fund for Children

<http://www.globalfundforchildren.org/>

The Rona Foundation

<http://www.rona.ca/corporate/rona-foundation>

The Cora Foundation

<http://www.chezcora.com/our-company/cora-fondation>

Appendix F

Sharing the Story

Teach Others

We are not alone in the fight against child poverty—many people want to help and everyone wants to be part of the solution. As we go about tackling this problem, we must communicate both our successes and our challenges so that we may collectively learn to battle child poverty more efficiently. We invite you to share your stories!

Write on our blog

<http://adopoverity.wordpress.com/>



Tweet at us: @adoPoverty



Write on our wall:

www.facebook.com/adoPoverty

Write in *Crosstalk*!



Art Babych

Editor, Crosstalk

613-233-6271, Ext. 233

ott-crosstalk@ottawa.anglican.ca

Write on our website!

webspinner@ottawa.anglican.ca

Appendix G

Media Release Help

Below are some helpful guidelines to consider when creating a Media Release to promote your activity. The list is sourced from Oxfam Canada (<http://www.oxfam.ca/what-you-can-do/volunteer-with-oxfam/volunteer-toolkit/how-to-write>)

DOs

- Give it a date and a snappy headline that tells the story in brief.
- Type it but keep it short, simple and preferably on a single sheet. Use approximately three sentences per paragraph. Double space the entire release so it's easier to read.
- Number the pages; end the first with 'more follows'; start the second with a new paragraph; on the final page finish off with 'ends'.
- Try to get all the crucial information in the opening paragraph or two - including who, what, when, where, why/how.
- Include an interesting 'quote' from an identified spokesperson.
- Provide contact name/s and phone number/s - make sure all your key people have a copy, and that at least one person is available outside office hours (with a copy of the release and any useful background information).

- If the story is photogenic, give details of what, when and where photographs can be taken.
- Add brief extra background information in a 'Notes to Editors' section if necessary.
- Check deadlines in advance - make sure your release arrives in time for journalists to follow it up.
- Follow up with a phone call - if it hasn't been received, send over another copy at once.

DON'Ts

- Never assume the reader will know all about your concerns.
- Rambling prose and irrelevant details detract from the impact.
- Don't include unnecessary details keep to the important points.
- Avoid repetition, cliches, jargon, and abbreviations. Don't try to write the journalist's headline for them with clever puns just tell the facts simply.
- Never make claims you cannot prove, and avoid exaggeration - overstating your case is more likely to wreck than to win your argument.
- Sloppy presentation, mistakes and bad grammar damage credibility - get someone to check for sense, accuracy, and spelling.
- Ignore media interest in your press release at your peril - you sought their attention, so return their calls.

Sample Media Release (*The Daily Bread Project*)

Students at a Gatineau elementary school will serve up healthy luncheon fit for a bishop on Wednesday, Oct. 19, to launch a new partnership between the Anglican Diocese of Ottawa, the Western Quebec School Board and the Greater Gatineau Elementary school.

This new community partnership has been established to improve knowledge of healthy lunches among the school's 350 students.

Building on a pilot project that began last spring, the Diocese, which includes Western Quebec, will provide \$10,000 in new funding to support a weekly program that teaches students of all ages how to make their own healthy school lunches.

With the help of community volunteers and a nutritionist, the program sees classes of students make regular trips to a local grocery store during school hours where they learn how to shop for healthy, cost-effective food. The students then return to the school with the food they've gathered where volunteers assist them in making a wide variety of healthy lunch recipes.

The new partnership, known as *The Daily Bread Project*, will allow the school's shopping and cooking program to run from October 2011 to June 2012. The Diocese and school board may expand the project to other elementary schools in West Quebec should the initial partnership in Gatineau prove successful.

The media are invited to a school assembly on Oct. 19 from 1 to 2 (media can sign into the school beginning at 12:30pm) at the Greater Gatineau Elementary School, 297 Alice Street, Gatineau.

The school assembly will feature remarks by grade 6 students, school principal Judy Millar, Bishop John Chapman, and Western Quebec School Board Officials. There will also be samples of the healthy lunches.

Funding for the partnership stems from the Diocese's *Bishop's Child Poverty Initiative*, a \$300,000 five-year campaign that aims to reduce the number of children living in poverty in Eastern Ontario and Western Quebec through a variety of community programs.

It is hoped that by teaching all students at the school how to make a cost-effective, healthy lunch, those students who are living in economically disadvantaged situations will learn how to shop for cost-effective healthy food and make a nutritious lunch, which will in turn assist them to defeat the poverty cycle in the long-run.

Part of the school's gym will be reserved for media. School board and Diocesan officials will be available for interviews following the assembly.

[contact info]

Background Info: http://www.ottawa.anglican.ca/child_poverty.html

Appendix H

Evaluating the Project

Evaluation Tools

There are all kinds of ways to evaluate a project. A small, effective evaluation is always better than no evaluation at all. Right from the beginning, encourage everyone to think about the project and make change when needed.

Here are a few simple examples:

- Ask workshop participants for their feedback about a workshop. Make the feedback session part of the workshop agenda. Relate the feedback to the purpose of the workshop.
- Find out how things are going in a project by talking regularly to people who are taking part in the project. Always be open to hearing what they have to say. Keep notes.
- Hold a check-in meeting and make sure that people feel comfortable enough to speak up. Put the main points on flip chart paper so the group can see their words and so you have a record for later.
- Talk to other people in the community who may not be part of your project but who may be in a position to see changes that are happening as a result of your project.

- Collect stories about what it was like to take part in the project or about something good that happened as a result of the project. Record them in writing or use a video or audio tape.
- Ask permission to keep a confidential record (no names attached) of people’s stories and comments. Ask if you can share some of these stories and comments with funders or others who support the project.

For an in-depth review and approach to evaluation please see: http://library.imaginecanada.ca/files/nonprofitscan/en/csc/projectguide_final.pdf

Sample Evaluation Plan		Project Name: The Daily Bread Project	
	Results (from work plan)	Indicators and data to measure results	Sources of data
Objective 1: Grocery shopping	Students understand how to read food labels and shop for bargains.	<ul style="list-style-type: none"> • Average score on a label reading test • Parent evaluation 	<ul style="list-style-type: none"> • Feedback from parents • Feedback from teachers and principle • Feedback from nutritionist • Letters written by the kids
Objective 2: Food education	Students understand in broad terms the difference between “good” and “bad” food.	<ul style="list-style-type: none"> • Number of healthy lunches that come into the school • Average score on a nutrition test 	
Objective 3: Food preparation	Students understand how to make a nutritious meal from simple ingredients.	<ul style="list-style-type: none"> • Number of kids that report making their own lunches • Parent evaluations 	

Appendix I

Directory of Potential Partners

The following is a comprehensive list of potential partners for future dialogue listed by deanery. The list is not exhaustive.

Ottawa Centre

OCDSB (Ottawa-Carleton District School Board)

133 Greenbank Road, Ottawa
613-721-1820
<http://www.ocdsb.ca>

Ottawa Catholic School Board

570 W Hunt Club Rd, Nepean
613-224-2222
<http://www.ottawacatholicschools.ca/>

CHEO (Children's Hospital of Eastern Ontario)

401 Smyth Rd, Ottawa
613-737-7600
<http://www.cheo.on.ca/>

The Max Keeping Foundation (helps the needs of children and families)

1140 Fisher Ave, Ottawa
613-274-4303
<http://www.ottawacharities.com/maxkeeping.php>

Pavillon Food Bank

14 Tapiola Cres, Ottawa, ON
613-247-7772

Ontario Early Years Centre

475 Evered Ave, Ottawa
613-728-1839

Ottawa Parent Resource Centre

300 Goulburn Pvt, Ottawa
613-565-2467
<http://www.parentresource.ca>

Youth Services Bureau

675 Queensview Dr, Ottawa
613-729-1000
<http://www.ysb.on.ca/>

Hunt Club Riverside Community Resource Centre

3320 Paul Anka St, Ottawa
613-247-1600
<http://www.hcrcsc.ca/>

Boys and Girls Club of Ottawa

1463 Prince of Wales Dr, Ottawa
613-727-5398
<http://www.bgcottawa.org/>

Canadian Association of Paediatric Health

2141 Thurston Dr, Ottawa
613-738-4164
<http://www.caphc.org/>

Kidsport Ottawa

1469 Merivale Rd, Nepean
613-580-2424 ext. 42637
<http://www.kidsportottawa.ca/>

Taggart Family YMCA

180 Argyle Ave, Ottawa
613-788-5000
<http://www.ymcaywca.ca/locations/Taggart+Family+Y/>

Downtown YMCA

99 Bank St, Ottawa
613-233-9331
<http://www.ymcaywca.ca/Locations/Downtown+Y/>

Dave Smith Youth Treatment Centre

786 Bronson Ave, Ottawa
613-594-8333
<http://www.davesmithcentre.org/>

Good Neighbours Food Bank

195 Bay St, Embrun
613-443-2793
<http://babv-gnfb.ca/>

The Door Youth Centre

755 Somerset St W, Ottawa
613-237-3667
<http://www.thedooryouthcentre.com/>

Centretown Community Health Centre

420 Cooper St, Ottawa
613-233-4443
<http://www.centretownchc.org/en/home.aspx>

Ottawa East***OCDSB (Ottawa-Carleton District School Board)***

133 Greenbank Road, Ottawa
613-721-1820
<http://www.ocdsb.ca>

Ottawa Catholic School Board

570 W Hunt Club Rd, Nepean
613-224-2222
<http://www.ottawacatholicschools.ca/>

CHEO (Children's Hospital of Eastern Ontario)

401 Smyth Rd, Ottawa
613-737-7600
<http://www.cheo.on.ca/>

The Max Keeping Foundation (helps the needs of children and families)

1140 Fisher Ave, Ottawa
613-274-4303
<http://www.ottawacharities.com/maxkeeping.php>

Boys and Girls Club of Ottawa

430 McArthur Rd, Ottawa
613-746-8517
<http://www.bgcottawa.org/>

Youth Services Bureau

675 Queensview Dr, Ottawa
613-729-1000
<http://www.yzb.on.ca/>

The Snowsuit Fund (distributes snowsuits to needy children)

225-235 Donald St, Ottawa
613-746-5143
<http://snowsuitfund.com/mission/>

Overbrook-Forbes Community Resource Centre

225 Donald St, Ottawa
613-745-0073
<http://www.ofcrc.org/>

Richelieu-Vanier Community Centre

300 White Fathers Ave, Ottawa
613 742-5150
<http://www.togetherforvanier.com/en/community-resources/richelieu-vanier.php>

Ottawa Parent Resource Centre

300 Goulburn Pvt, Ottawa
613-565-2467
<http://www.parentresource.ca>

South East Ottawa Community Health Centre

1355 Bank St, Ottawa
613-737-5115
<http://www.seochc.on.ca/english/index.html>

Orleans-Cumberland Community Resource Centre

240 Centrum Blvd, Orleans
613-830-HELP (4357)
<http://www.crcoc.ca/splashpage.html>

Canadian Food for the Hungry

292 Montreal Rd, Vanier
613-234-8484
<http://site.fhcanada.org/>

Ruddy Family YMCA

265 Centrum Blvd, Orleans
613-830-4199
<http://www.ymcaywca.ca/locations/Ruddy+Family+Y/>

Ottawa Food Bank

1317B Michael St, Gloucester
613-745-7001
<http://ottawafoodbank.ca/>

Russell Township Sport & Youth Centre

988 Concession St, Russell
613-445-1261
<http://rcsc-cscr.ca/>

Orléans Community Programs

2955 Michele St, Orleans
613-828-5100

Kidsport Ottawa

1469 Merivale Rd, Nepean
613-580-2424 ext. 42637
<http://www.kidsportottawa.ca/>

Ottawa West

OCDSB (Ottawa-Carleton District School Board)

133 Greenbank Road, Ottawa
613-721-1820
<http://www.ocdsb.ca>

Ottawa Catholic School Board

570 W Hunt Club Rd, Nepean
613-224-2222
<http://www.ottawacatholicschools.ca/>

CHEO (Children's Hospital of Eastern Ontario)

401 Smyth Rd, Ottawa
613-737-7600
<http://www.cheo.on.ca/>

The Max Keeping Foundation (helps the needs of children and families)

1140 Fisher Ave, Ottawa
613-274-4303
<http://www.ottawacharities.com/maxkeeping.php>

Boys and Girls Club of Ottawa

2825 duMaurier Ave, Ottawa
613-828-0428
<http://www.bgcottawa.org/>

Carlingwood YMCA

200 Lockhart Ave, Ottawa
613-729-7131
<http://www.ymcaywca.ca/locations/Carlingwood+Y/>

Ontario Early Years Centre

1365 Richmond Rd, Ottawa
613-820-4922

Youth Services Bureau

675 Queensview Dr, Ottawa
613-729-1000
<http://www.ysb.on.ca/>

Summerset West Community Health Center

55 Eccles St, Ottawa
613-238-1220
<http://www.swchc.on.ca/>

Boys and Girls Club of Ottawa

1645 Woodroffe St, Nepean
613-226-4997
<http://www.bgcottawa.org/>

South Nepean Satellite Community Health Centre

4100 Strandherd Dr, Ottawa
(613) 288-2820
<http://ottawa.cioc.ca/record/OCR2113>

Ottawa Parent Resource Centre

300 Goulburn Pvt, Ottawa
613-565-2467
http://www.parentresource.ca/en/ottawaprc/Home_p555.html

Kidsport Ottawa

1469 Merivale Rd, Nepean
613-580-2424 ext. 42637
<http://www.kidsportottawa.ca/>

Nepean YMCA

1642 Merivale Rd, Nepean
613-727-7070
<http://www.ymcaywca.ca/locations/Nepean+Y/>

Nepean, Rideau, and Osgoode Community Resource Centre

1642 Merivale Rd, Ottawa
613-596-5626
<http://www.nrocrc.org/>

Pinecrest-Queensway Community Health Centre

1365 Richmond Rd, Ottawa
613-820-4922
<http://www.pqhc.com/>

Mental Health Commission of Canada

1145 Carling Ave, Ottawa
613-798-5860
<http://www.mentalhealthcommission.ca>

Carleton***OCDSB (Ottawa-Carleton District School Board)***

133 Greenbank Road, Ottawa
613-721-1820
<http://www.ocdsb.ca>

Ottawa Catholic School Board

570 W Hunt Club Rd, Nepean
613-224-2222
<http://www.ottawacatholicschools.ca/>

Western Ottawa Community Resource Centre

2 MacNeil Court, Kanata
613-591-3686
<http://www.wocrc.ca/en/home.aspx>

Kanata Child Care Centre

145 Castlefrank Rd, Kanata
613-831-7132

Kanata Research Park Family Centre (Early Learning Centre)

100 Helmsdale Dr, Kanata
613-591-1995
<http://www.krpfamilycentre.com/>

Ontario Early Years Centre

1099 Longfields Dr, Ottawa
(613)825-5990

Kanata Food Cupboard

20 Young Rd, Kanata
613- 836-7847
<http://kanatafoodcupboard.ca/>

Kanata YMCA

1000 Palladium Dr, Kanata
613-599-0280
<http://www.ymcaywca.ca/locations/Kanata+Y/>

Stittsville & District Community Centre

10 Warner-Colpitts Ln, Stittsville
613-836-5941

Ottawa Parent Resource Centre

300 Goulburn Pvt, Ottawa
613-565-2467
http://www.parentresource.ca/en/ottawaprc/Home_p555.html

Osgoode Community Centre/Arena

5660 Main St, Osgoode
613-826-2264

Stittsville Food Bank

1631 Main St, Stittsville
613-831-0451
<http://www.stittsvillefoodbank.ca/>

Richmond Youth Centre

6179 Perth, Richmond
613-838-5229

Stormont

UCDSB (Upper Canada District School Board)

225 Central Ave W, Brockville
1-800-267-7131
<http://www.ucdsb.on.ca>

Vankleek Hill Community Centre/ Arena

36 Mill St, Vankleek Hill
613-678-3601
http://www.champlain.ca/recreation_arena.asp

Vankleek Hill Food Bank

29 St John St, Vankleek Hill
613-678-8119
<http://www.vkhfoodbank.ca/>

Seaway Valley Community Health Centre

353 Pitt St, Cornwall
613-936-0306
<http://www.seawayvalleychc.ca/>

Ontario Early Years Centre

550 Ninth St E, Cornwall
613-930-9211

Cornwall Community Hospital

840 McConnell Ave, Cornwall
613-938-4240
<http://www.cornwallhospital.ca/>

Canadian Mental Health Association

329 Pitt St, Cornwall
6130-933-5845
www.cmha-east.on.ca

Hawkesbury Central Food Bank

548 Main St E, Hawkesbury
613-636-0666
<http://kingston.cioc.ca/record/KGN1578?UseCICVw=78>

Chesterville & District Arena Ice Skating Rink

153 Chesterville Queen St W,
Chesterville
613-448-3267

Winchester District Memorial Hospital

566 Louise St, Winchester
613-774-2422
<http://www.northdundas.com/commun/hospital/win hosp.htm>

South Stormont Recreational Programs

2 Mille Roches Rd, Long Sault
613-534-8889
<http://www.southstormont.ca/parks/programs.html>

Arnprior, Lanark

RCDSB (Renfrew County District School Board)

59 Ottawa St, Arnprior
613-623-3183
<http://www.renfrew.edu.on.ca/>

Arnprior Youth Centre

159 Daniel N, Arnprior
613-623-9034

Arnprior Child and Youth Councelling Centre

16 Edward St S, Arnprior
613-622-5499
<http://acycc.asselingroup.com/acycc.htm>

Open Doors for Lanark Children & Youth

40 Bennett St, Carleton Place
613-257-8260
<http://www.opendoors.on.ca/>

Terrace Youth Residential Services (Mental Health Clinic)

112 Willowlea Rd RR 3, Carp
613-831-1105

Dave Smith Youth Treatment Centre

1883 Bradley Sdrd, Carp
613-831-0011
<http://www.davesmithcentre.org/>

Terrace Youth Residential Services

112 Willowlea Rd RR 3, Carp
613-831-1105

Children's Mental Health of Leeds And Grenville

779 Chelsea St, Brockville
613-498-4844
<http://www.cywc.net/>

The Link-Mental Health Support Project

88 Cornelia St W, Smiths Falls
613-284-4608
<http://www.mentalhealthhelpline.ca/Directory/Organization/2332>

Smiths Falls & District Youth Centre

150 Elmsley N, Smiths Falls
613-283-8962
<http://www.sfdcy.ca/>

Yak Youth Centre

21 Beckwith N, Smiths Falls
613-284-8252
<http://www.yakyouth.ca/>

Kemptville Youth Centre

5 Oxford St W, North Grenville
613-258-5212
<http://www.kemptvilleyc.com/>

Pembroke***RCDSB (Renfrew County District School Board)***

<http://www.renfrew.edu.on.ca/>
59 Ottawa St, Arnprior
613-623-3183

Pembroke Regional Hospital

705 Mackay St, Pembroke
613-732-2811
<http://www.pemreghos.org/>

St. Joseph's Food Bank

291 Avenue N, Pembroke
613-732-3807
<http://www.stjosephsfoodbank.ca/>

County of Renfrew Child Care

545 Pembroke St W, Pembroke
613-732-4100
<http://www.countyofrenfrew.on.ca/departments/social-services/child-care/>

Carefor Health and Community Services

425 Cecelia St, Pembroke
613-732-9993
<http://www.carefor.ca/>

Champlain Community Care Access Centre

1100 Pembroke E, Pembroke
613-310-2222
<http://www.ccac-ont.ca/>

Ontario Early Years Centre

464 Isabella St, Pembroke
613-735-7575

Pembroke & Area Community Centre

393 Pembroke W, Pembroke
613-735-6821
<http://www.pembrokeontario.com/residents/recreation/sports-facilities/pembroke-and-area-community-centre-540.html>

Shady Nook Recreation Centre

RR 4, Pembroke
613-732-0954
http://www.laurentianvalleytwsp.on.ca/Departments/Recreation/Shady_Nook_Recreation_Centre.html

Petawawa Centennial Family Health Centre

154 Civic Centre Rd, Petawawa
613-697-7641
<http://www.pcfhc.ca/>

South Side Community Centre

1578 Wolfe Ave, Petawawa
613-687-2104
<http://www.cg.cfpsa.ca/cg-pc/Petawawa/EN/Facilities/Pages/SouthSideCommunityCentre.aspx>

Renfrew-Nipissing-Pembroke Parent Resource Centre

300 Goulburn Prvt, Ottawa
613- 565-2467
http://www.parentresource.ca/en/ottawaprc/RenfrewNipissingPembroke_p3011.html

Petawawa Parks & Recreation

16 Civic Centre Rd, Petawawa
613-687-7641
<http://www.petawawa.ca/index.php/park-a-recreation>

Petawawa Military Family Resource Centre

North 18 Regalbuto Ave, Petawawa
613-687-164
<http://www.cg.cfpsa.ca/cg-pc/Petawawa/EN/FamilyServices/MilitaryFamilyResourceCentre/Pages/default.aspx>

Eganville Community Arena

178 Jane St, Eganville
613-628-2613
<http://renfrewcountyconnections.cioc.ca/record/RCC0154>

Clarendon***The Western Quebec School Board***

15 Katimavik, Gatineau
613-684-2336
<http://www.wqsb.qc.ca/>

East Elgin Community Complex

531 Talbot St W, Aylmer
519-773-5631
<http://www.eastelgincommunitycomplex.ca>

BigBrothers / BigSisters

(Les Grand Frères et GrandesSoeurs de l'Outaouais)
733 St. Joseph Blvd, Hull
819-778-0101
<http://www.gfgslsjn.ca>

Block Parents of Aylmer

625 Aylmer Rd, Aylmer
819-684-2444
<http://www.blockparent.ca/>

Block Parents of Gatineau

590 Gréber Blvd, Gatineau
819-246-6000
<http://www.blockparent.ca/>

Block Parents of Hull

777 de la Carrière Boulevard, Hull
819-595-7600
<http://www.blockparent.ca/>

Centres Ressources Jeunesse NDL

4 de l'Église Rd, Notre-Dame-de-Laus
819-767-2312
http://www.notre-dame-du-laus.ca/laus/index_f.aspx?DetailID=1072

Centre Communautaire Angers

1100 Yvon-Pichette Rd, Gatineau
819-986-2687

Centre Jeunesse Wakefield

38 Valley Rd, La Pêche
819-459-3531

Centre Communautaire de Masham

41 Passe-Partout Rd, La Pêche
819-456-2883

Héberge-Ados

39 Richard St, Hull
819-771-1750
<http://www.aubergesducoeur.org>

La Cabane (Youth Centre)

104 du Barry St, Gatineau
819-246-1170

Maison de Jeunes Val-jeunesse

30 de l'Église Road, Val-des-Monts
819-457-4693
<http://www.rmjq.org/>

Maison M-Ado Jeunes

948 George Street, Buckingham
819.281.0288
<http://www.rmjq.org/>

Maison de Jeunes Au-Pic d'Aylmer

104 Principale, Aylmer
819-682-1641
<http://www.rmjq.org/>

Maniwaki Mani-Jeunes Centre

86 Roy, Maniwaki
819-449-6609

***Pointe aux Jeunes (centre de
récréation pour jeunes)***

448 rue Pointe-Gatineau, Gatineau
819-243-2537

Relais des Jeunes Gatinois

(centre communautaire multi-service)
315 Migneault, Gatineau
819-663-8337
http://www.rjg.ca/home/index_f.php



71 Bronson Ave.
Ottawa, ON K1R 6G6
613-232-7124

www.ottawa.anglican.ca